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Mat with a bag for the Feldenkrais® ATM Praxis

CocoLatex ATM mat – 65 €

The coco-latex mat. The cover is made of 100% cotton. Length 180 cm; Width 100 cm; Height 1 cm; Weight 4 kg.



The bag on the mat with the pocket – 18 €

The bag is made of 100% cotton.





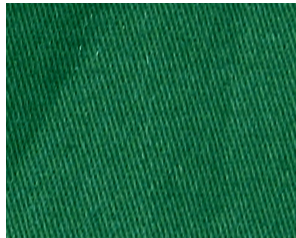

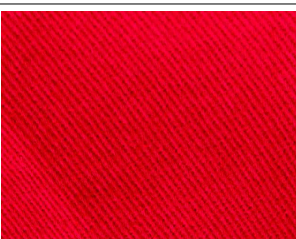
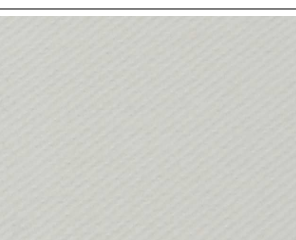
CocoLatex CocoLatex ATM mat:

Ecological and natural coconut mat, used in the Feldenkrais Method®, but not only.

Health properties of coco-latex mat:

- Soft (vulcanized by the natural latex) and flexible mat ensures the sleeping comfort and improves the quality and effectiveness of relaxation;
- Submitted by the mineralization, coconut fibers prevent the development of mites and other insects;
- Good air-passing;
- Sterile clean;
- Do not cause allergy. Very good for allergy sufferers;
- Durable mat to use in various exercises of the work with the body;
- Isolates well the heat - may lay directly on the cold ground;
- Reduces the hard contact with the ground;
- The mat used in the Feldenkrais Method® is sufficiently thin, that is why, at the time of work with movement, you can still feel the pressure of individual body parts on the ground, in the lying position or at the next change of body position, etc.

All prices incl. tax

Color number	Color	
1ys	Yellow - sun	
2o	Orange	
3lb	Light blue	
4g	Green	
5dg	Dark green	
6r	Red	
7g	Gray	

8b	Brown	
9bl	Black	
10h	Heather	
11be	Beige	
12lbe	Light beige	

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