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Bolsters and pillows for the Feldenkrais® Praxis

Feldenkrais Support Set

Feldenkrais Support Set COMPLETE New !

Feldenkrais Support Set KapokSoft New !

Feldenkrais Support Set KapokSoft COMPLETE New !



Feldenkrais Support Set:

The complete set consists 3 bolsters and 5 pillows. In addition, the set includes a transport bag for the smaller pillows, a 0,5 kg bag of millet husk for the filling and large bag for the complete set. All pillows and bolster covers are made of 100% cotton, all filling consist of raw materials of plant origin: **Kapok, millet hulls and buckwheat hulls.**
Weight 7,50 kg.

Feldenkrais Support Set COMPLETE:

Feldenkrais Support Set +3 CocoLatex flat head mats (S/M/L) and 3 hard rolls (S/M/L), 2 hard pads with external cover and a wooden footboard.

Feldenkrais Support Set KapokSoft:

Feldenkrais Support Set: the filling Kapok and millet hulls.

Feldenkrais Support Set KapokSoft COMPLETE:

Feldenkrais Support Set KapokSoft + COMPLETE

Catalogue

All prices incl. tax

Product

199,50 €

Feldenkrais Support Set

The filling: Kapok, millet hulls and buckwheat hulls



319,50 €

Special price!

Feldenkrais Support Set COMPLETE

3 **CocoLatex** flat head mats (S/M/L) and 3 hard rolls (S/M/L),
2 hard pads with external cover and a wooden footboard.



229,50 €

Feldenkrais Support Set **KapokSoft**

Kapok and millet hulls

339,50 €

Feldenkrais Support Set **KapokSoft COMPLETE**

Kapok and millet hulls

3 **CocoLatex** flat head mats (S/M/L) and 3 hard rolls (S/M/L),
2 hard pads with external cover and a wooden footboard.

If you have questions: info@feldenkraisshop.com

COMPLETE - single prices

18 €

CocoLatex flat head mat S

The coco-latex mat. The cover is made of 100% cotton.
Length 51 cm; Width 21 cm; Height 1,5 cm; Weight 0,28 kg.



19 €

CocoLatex flat head mat M

The coco-latex mat. The cover is made of 100% cotton.
Length 51 cm; Width 21 cm; Height 3 cm; Weight 0,33 kg.



20 €

CocoLatex flat head mat L

The coco-latex mat. The cover is made of 100% cotton.
Length 51 cm; Width 21 cm; Height 4 cm; Weight 0,43 kg.



2 x 13 €

2 hard pads with external cover

The cover is made of 100% cotton. The filling: polyethylene foam.
Length 51 cm; Width 21 cm.



9 €

Hard roll S

Polyethylene foam roller. The cover is made of 100% cotton.
Length 58 cm; Diameter 7 cm.



19 €

Hard roll M

Polyethylene foam roller. The cover is made of 100% cotton.
Length 90 cm; Diameter 10 cm.



29 €

Hard roll L

Polyethylene foam roller. The cover is made of 100% cotton. Length 90 cm;
Diameter 15 cm.



7 €

Wooden footboard

Length 34 cm; Width 24 cm; Height 4 mm



CocoLatex flat head mat (S/M/L):

Ecological and natural coconut mat, used in the Feldenkrais Method®, but not only.

Health properties of coco-latex mat:

- Soft (vulcanized by the natural latex) and flexible mat ensures the sleeping comfort and improves the quality and effectiveness of relaxation;
- Submitted by the mineralization, coconut fibers prevent the development of mites and other insects;
- Good air-passing;
- Sterile clean;
- Do not cause allergy. Very good for allergy sufferers;
- Durable mat to use in various exercises of the work with the body;
- Isolates well the heat - may lay directly on the cold ground;
- Reduces the hard contact with the ground;
- The mat used in the Feldenkrais Method® is sufficiently thin, that is why, at the time of work with movement, you can still feel the pressure of individual body parts on the ground, in the lying position or at the next change of body position, etc.

Color number	Color	
1ys	Yellow - sun	
2o	Orange	
3lb	Light blue	
4g	Green	
5dg	Dark green	
6r	Red	

7g	Gray	
8b	Brown	
9bl	Black	
10h	Heather	
11be	Beige	
12lbe	Light beige	

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